



The tasks for Portuguese students

Monday

Take photos, shorts films about ice breaking and integration, the workshops (preparation of cv, portfolio), the sightseeing (collection the information about the town). Prepare the cv, portfolio, interview in the international teams.

Tuesday

Take photos about PC activities and cooking workshop.

Prepare the presentation using the materials, create website on facebook using materials of facebook group of the project and your photos and films. Collect the information about possibilities for media students (during the excursion to Łódź).

Wednesday, Thursday

Collect the photos and information about your practical training, (collect information how to spend free time in the town, what is interesting for young people in the town and use it during final conference).

Friday

After the training show the materials on the conference (presentation or short film, facebook web site of the project).

Fill the evaluation form.

Tell others about your experiences and impression after the training in Poland.

The tasks for Latvian students

Monday

Prepare the cv, portfolio, interview in the international teams. Ask your colleagues about Polish food, dishes.

Tuesday

cook in the team, try to use your knowledge, skills and learn more during the cooking workshop.

Wednesday, Thursday

Collect the information about your practical training (take photos of dishes, table decoration etc.)

Friday

After the training, fill evaluation form. On the conference tell about your new skills, experience after the training session.

The tasks for Polish students

Before the training (since 10 X till 24 X)

prepare the information about the town (English version), prepare the cooking workshop (finding recipes, translation of the recipes, buying the products), prepare the event "Day of Foreign Languages (plan, divide tasks).

Monday

Prepare cv, portfolio, interview in the international teams, organization of ice breaking activities



Tuesday

Cooking workshop- work in the international teams, prepare the tasting. Collect the information about the role of media during the excursion to Łódź

Wednesday, Thursday

Lessons and practical activities (school schedule). Care for colleagues and help in the evaluation.

Friday

After the lessons, participation in the final conference – prepare the evaluation.

The skills and competence which should be improved after the training session

- engagement in work practice
- communication in English language
- team work
- IT skills
- oriented towards core tasks
- coping with uncertainty
- related to professional identity
- essential responsibilities in the profession
- solve problems
- cooperate with others and to participate in networks
- integration of knowledge, skills and performance
- experiences in a range of situations

The aims of the training session

- develop to the highest degree possible using own potential, and reduce personal shortcomings
- show a self-confident attitude and assume responsibility for your behavior, actions and work
- demonstrate logical, critical, creative and innovative thinking in decision-making
- demonstrate the ability to develop a culture of learning for self-empowerment
- master professional and entrepreneurial competencies to meet labour market demands
- build and apply information and knowledge logically, and in a creative and innovative way